



Join the Club!

The Dublin Club

A Group for People Experiencing
Early Memory Loss



What are the Benefits?

- Mental stimulation
- Improved knowledge about memory loss
- Development of skills for living with memory loss
- Building friendships and peer support
- Community involvement and access to support and resources
- Opportunities for fun and socialization

Who May Participate?

Persons with mild memory loss who:

- Are aware of their memory loss
- Are able to participate in small group discussions
- Are interested in being pro-active about memory changes
- Can commit to attendance for 10 weeks

Registration

An initial in-office assessment is required to determine eligibility to the program.

At The Dublin Club

Find out how other people with memory changes are managing day-to-day challenges. Find a common ground by listening to others who are going through the same thing as you.

When

The Dublin Club Meets:

- Once a week
- For a 10-week session
- Thursdays, 10:00am-2:00pm

Winter Session

January 12 - March 15, 2012

Where

Senior Services Building
4700 Dublin Ave. in Midland
(Corner of Saginaw and Dublin)

Transportation

Transportation available upon request.

For More Information
(989) 633-3700



Senior Services
Midland County Council on Aging