

# How to Survive Your Medical Bills

Some people avoid seeking healthcare due to concerns of out-of-pocket costs. Others are unable to take medications or treatments as prescribed, because they are unaffordable.

When the bills and the explanation of benefits arrive, it can be a challenge to figure out what's going on. Frequently, patients are receiving unexpected or "surprise" medical bills.



## Does dealing with medical bills seem almost as bad as being sick?

- Learn ways to help minimize medical expenses up front and how to better handle the challenging paperwork.
- Find if you are eligible for help with medical bills and debt.
- Receive suggestions offered by billers and billing advocates to help reduce your medical bills, and better deal with creditors.

**Sanford:** Tuesday, May 9, 12:15pm **687-7888**

**Greendale:** Monday, May 15, 11:00am **832-8683**

**Coleman:** Thursday, May 18, 12:30pm **465-6216**

**Mills:** Wednesday, May 24, 12:30pm **633-3788**

**Trailside:** Thursday, May 25, 12:00pm **633-3790**

We encourage you to come for lunch before the program. For lunch, call the center you plan to attend before 9:00am of that day to make your reservation.



**Senior Services** • 4700 Dublin Ave. • Midland, MI 48642